



## *Jamison Nurses Notes*

I'd like to take this opportunity to welcome you and your children back to school. I hope that everyone had a healthy and relaxing summer. Please take a few moments to review some important information listed below. See below for the nurses' schedule and contact information.

Mary Anne Canales, RN, MSN, NCSN Certified School Nurse, Monday and Thursday

[mcanales@cbsd.org](mailto:mcanales@cbsd.org)

Bonnie Hamilton, RN, Staff Nurse, Tuesday, Wednesday & Thursday

[bhamilton@cbsd.org](mailto:bhamilton@cbsd.org)

Linda Miller, RN, Staff Nurse, Friday

[lsmiller@cbsd.org](mailto:lsmiller@cbsd.org)

Zakieh Moussa RN, Staff Nurse, 1st and 3<sup>rd</sup> Monday

[zmoussa@cbsd.org](mailto:zmoussa@cbsd.org)

***Health Office Phone Number: 267.893.3515 or 3514***

### **Important Health Information**

We hope everyone has a healthy and safe year. In the event your child becomes ill, please keep them home if they have a fever over 100.4, vomiting or diarrhea. They must be fever-free for 24 hours without medication to return to school. This will help prevent the spread of illness and assist us in maintaining a healthier school environment.

In addition, please notify the health office if your child has had a change in health status (surgeries, fractures, changes in medications, etc.) during the year so that we may best attend to their needs while in school. If your health care provider determines that your child will need to use crutches while in school, please send in a note from the provider and have your child stop by the health office so we can check to see if they are using them properly.

If a student requires medication in school other than Tylenol or Advil or Motrin, a physician's order is required. The form is available on the CBSD website in the Parent Resource section.

### **Information about the Free and Reduced Lunch Program**

Free and Reduced lunch applications can be completed online at <http://cbsd.schoolunchapp.com>. This will expedite the process and allow your child to be entered into the program more quickly. If you are having any difficulty accessing this site or need help completing the application, please contact Theresa Shirey in the district administration office, at 267.893.2065.

**\*\*PLEASE NOTE: THE FOLLOWING FORMS ARE DUE BY OCTOBER 15:**

PHYSICAL AND DENTAL REPORT FORMS

STUDENTS IN GRADES K AND NEW STUDENTS TO OTHER GRADES

DENTAL REPORT FORMS

STUDENTS IN GRADE 3

PHYSICAL REPORT FORMS

STUDENTS IN GRADE 6

- If you have not already done so, please send the forms in to the health room ASAP. The forms may be downloaded from the parent resource section of the Central Bucks website at [www.cbsd.org](http://www.cbsd.org).
- Reports for exams performed after **9/1/15** will be accepted.
- If this presents a hardship to you, please know that with your permission, the exam can be performed in school by the school dentist or physician.

You may call the health room at 267.893.3815 or by email at [sbredin@cbsd.org](mailto:sbredin@cbsd.org) if you have any questions or concerns.

#### Head Lice

We need to work as a team. Head Lice are around year- long although their season is fall and spring. Many children attend camps, have more sleepovers and play sports requiring a helmet in the summer. Please check your child weekly at home for signs of head lice. If you find evidence, please call the nurses office. Head lice can occur in all socio economic groups and they are not a sign of poor hygiene. Lice do not cause health concerns; they can create havoc in a home. The best thing is to stay calm and your child will be calm. There is information and a video on the district webpage under parent's/health services. I have provided a link below.

<http://www.cbsd.org/Page/902>